

Stem Cell Institute Wellness & Longevity

*Renewal Begins at the
Cellular Level*

cellmedicine.com/wellness

 STEM CELL INSTITUTE
Panama

20
YEARS





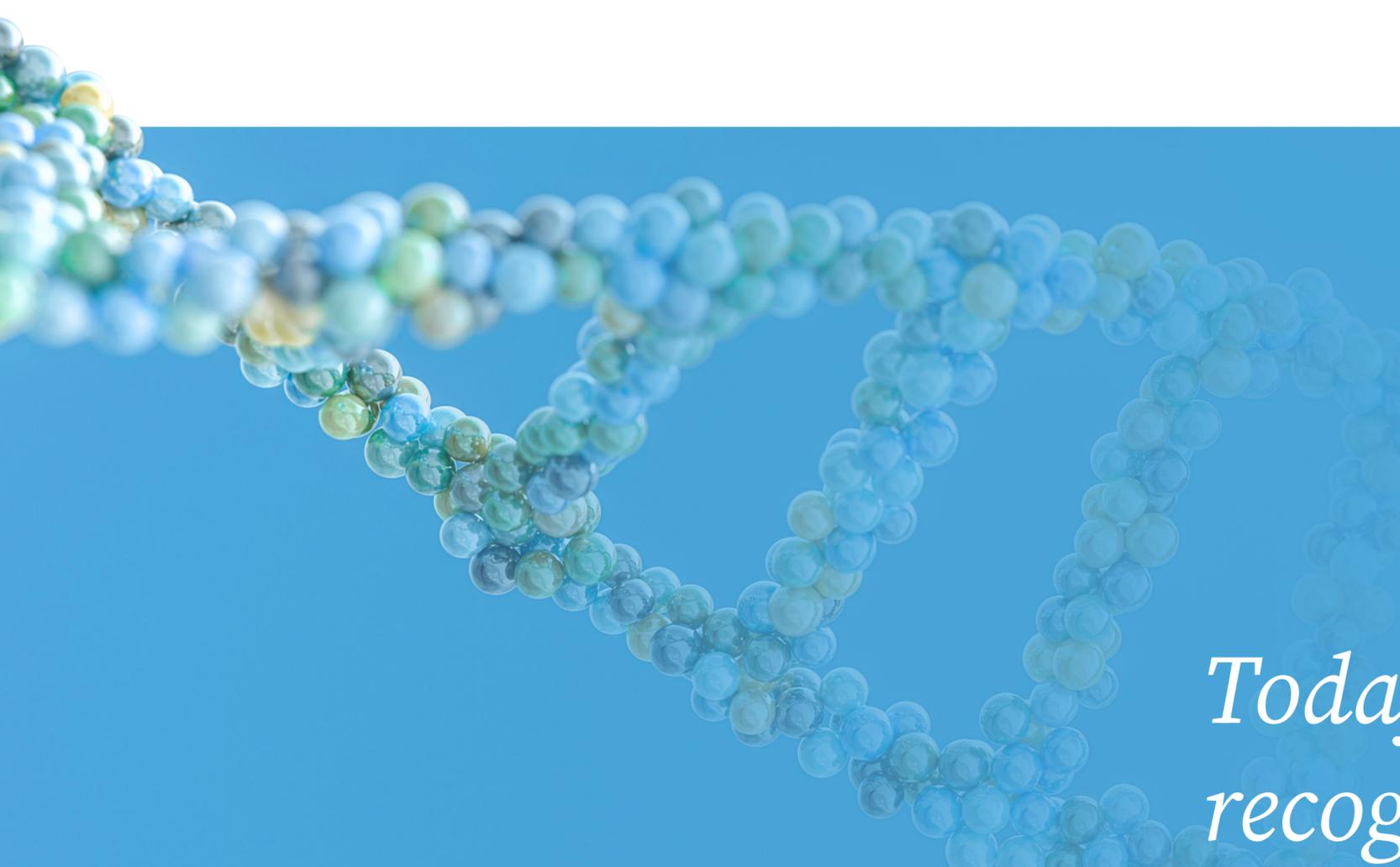
Aging, stress, and chronic inflammation can drain your energy, weaken your immune system, and make it harder to enjoy life to the fullest.

*You may be seeking relief
from these ongoing issues*

*or simply wanting to take proactive steps
to feel stronger, more energetic,
and age well.*



Until recently, aging was seen as something we simply had to endure.



Today, Regenerative Medicine recognizes aging as a condition that can be addressed and improved.

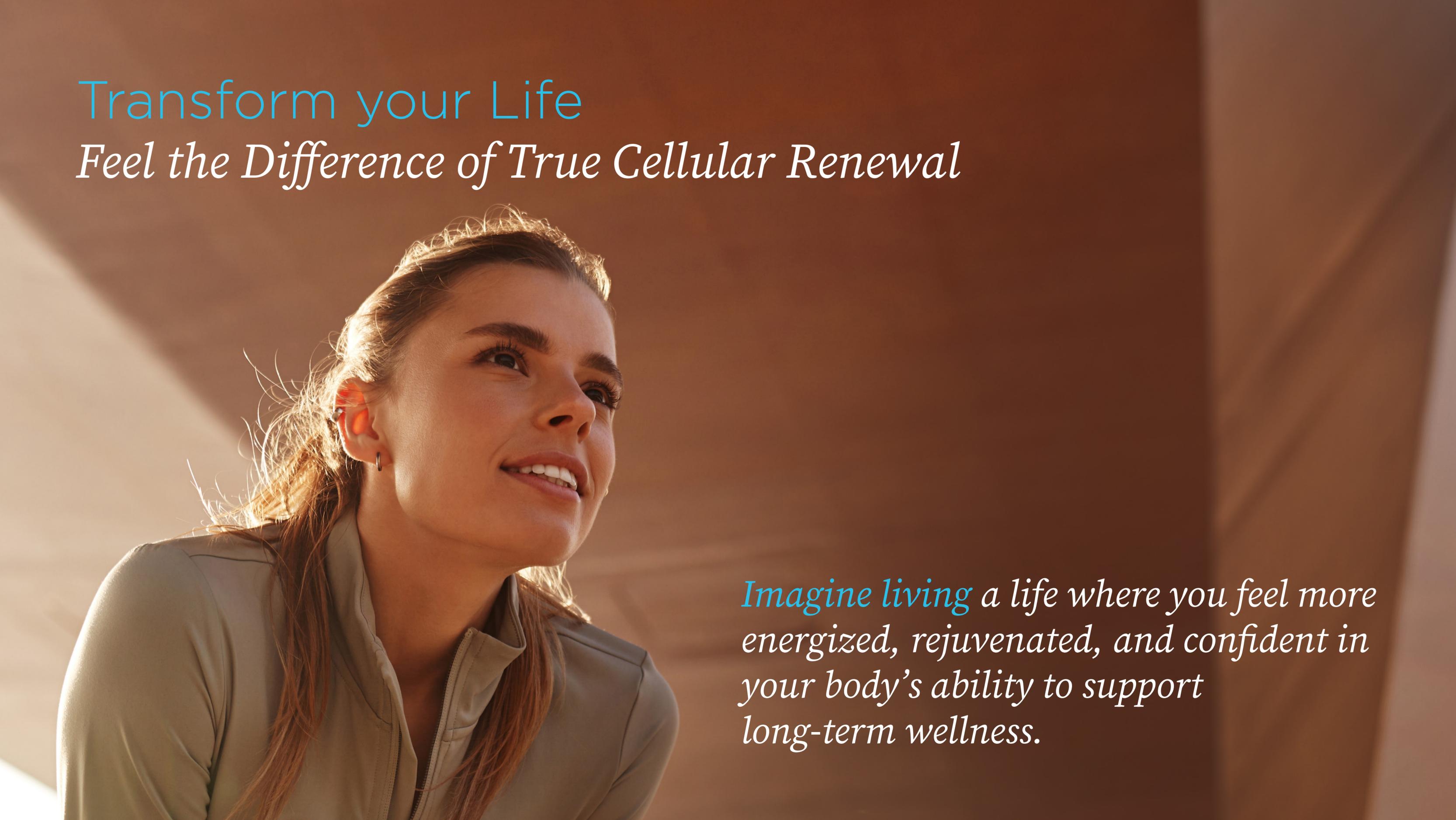
Breaking Down the Science of Aging

Understanding why cellular renewal matters.

As we age, our cells naturally become less efficient at producing energy, repairing damage, and managing inflammation. When these essential cellular processes slow down, we begin to feel the effects of aging, lower vitality, slower recovery, and reduced resilience.

Research suggests that supporting the body at the cellular level may help slow these age-related changes and promote a healthier, more energized sense of wellbeing.

This is why focusing on cellular renewal is one of the most powerful foundations for long-term wellness.



Transform your Life
Feel the Difference of True Cellular Renewal

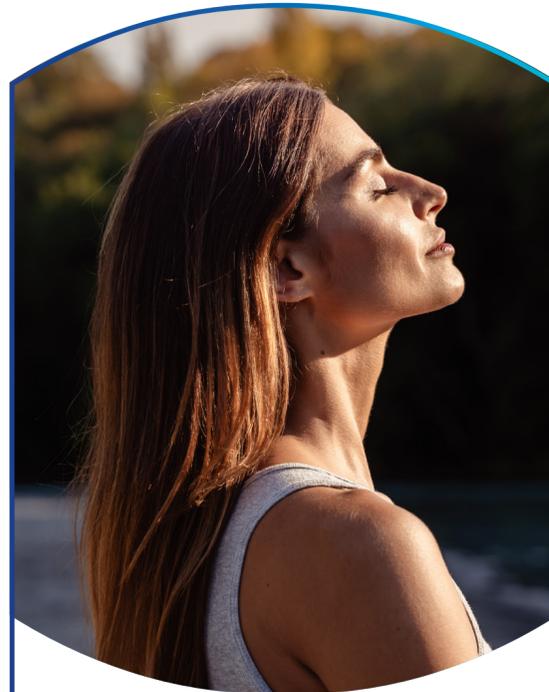
Imagine living a life where you feel more energized, rejuvenated, and confident in your body's ability to support long-term wellness.

Experience the Benefits *of Cellular Renewal*



Vitality

Our Golden Cells™ help restore cellular function, so you can experience sustained energy and vitality in daily life.



Healing

By reducing inflammation and supporting tissue repair, regenerative therapies promote faster recovery and resilience against age-related decline.



Focus

Cellular-level renewal can improve metabolic and neurological function, enhancing mental clarity, focus, and cognitive performance.



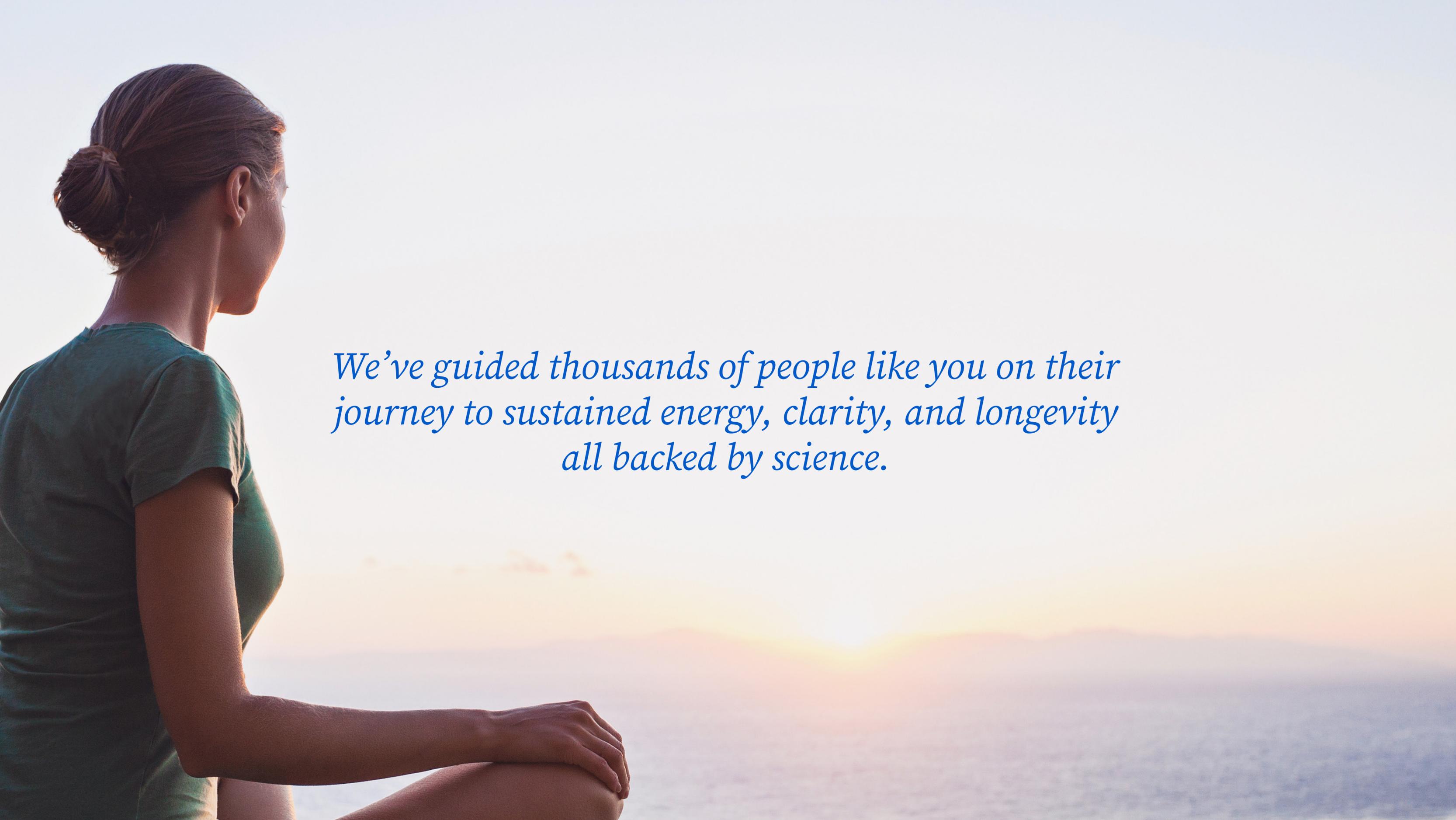
Radiance

Through improved cellular repair, patients often notice healthier skin, stronger hair, and a more youthful appearance—results driven by biology, not cosmetics.



Resilience

Stem cell therapies help regulate immune response, strengthening your body's defenses and improving adaptability to stressors over time.

A woman with her hair in a bun, wearing a green t-shirt, is sitting on a ledge and looking out at the ocean during sunset. The sun is low on the horizon, creating a warm, golden glow over the water. The sky is a mix of light blue and orange.

We've guided thousands of people like you on their journey to sustained energy, clarity, and longevity all backed by science.

This is *what sets us Apart*

Stem Cell Institute for Wellness & Longevity brings together pioneering research, advanced technology, and a dedication to safe, high-quality cellular treatments that set a new standard in regenerative medicine.



80,000+
Procedures

With more than 80,000 procedures performed, our proven record demonstrates the highest commitment to safety with no adverse effects.



+20 Years
of Experience

For over two decades, we've been a trusted leader in stem cell research and treatment, guiding patients on their path to better health.



+70
Scientific Publications

Our foundation is science. With 70+ peer-reviewed publications, we bring the reassurance that your wellness and longevity journey is guided by proven research, not trends.



**Golden
Cells™**

Golden Cells are exclusive mesenchymal stem cells (MSCs) used in all treatments at Stem Cell Institute Panama. Developed through years of research and a retrospective analysis of our highly successful cases.

The Scientific Rationale Behind Using Stem Cells to Promote Wellness & Longevity

As early as our thirties and forties, subtle changes within the body can begin to affect how we feel and recover. Over time, natural processes like tissue wear, inflammation, and shifts in immune balance may start to influence overall wellness and quality of life.

- **Inflammation** contributes to many chronic conditions, including arthritis, asthma, atherosclerosis, and diabetes, and may also influence neurological and metabolic health.
- **Immune system irregularities** can disrupt normal repair mechanisms and resilience.
- **Tissue damage**—whether acute or cumulative—can limit mobility and function over time.

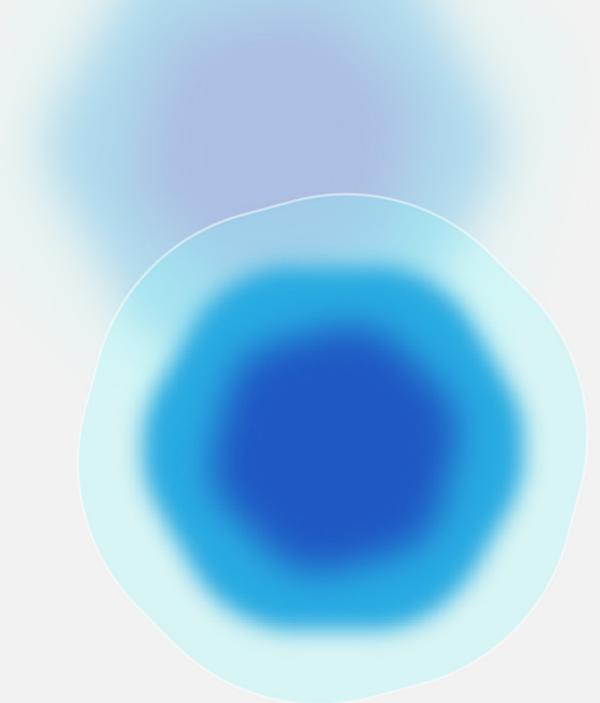
Human umbilical cord tissue-derived mesenchymal stem cells (hUCT-MSCs), like the Golden Cells™ used at the Stem Cell Institute, secrete bioactive molecules that have been shown in research to reduce inflammation, modulate the immune system, and support tissue healing. Clinical studies demonstrate safety in immune and inflammatory applications, as well as potential in skin rejuvenation and regenerative support.

Addressing these biological processes early—before they significantly impact health—may help support long-term wellness and function.



Where science meets healing.
Our treatments bring cellular research to life.

At the Core of every Wellness & Longevity Treatment: *Our Golden Cells*



Powered by Advanced Adult MSC (Mesenchymal Stem Cell) Therapy, our wellness and longevity treatments leverage decades of research in cellular medicine. A foundational approach in regenerative medicine that leverages the body's own capacity to heal. These specialized cells target areas of inflammation or injury and release bioactive compounds that help modulate the immune system and encourage tissue repair.

We exclusively use **Golden Cells™**, a proprietary selection of MSCs chosen for their consistency, purity, and potency.

With over 80,000 procedures performed and 70+ scientific publications, the Stem Cell Institute remains at the forefront of research-backed, ethical stem cell therapy.

Whether you seek renewed energy, reduced inflammation, or long-term vitality, MSC therapy is the trusted foundation for thousands of patients worldwide.

Where Golden Cells are Born *Our Adult Stem Cell Laboratory*

At the heart of Stem Cell Institute is our lab, a world-class facility dedicated to the science, safety, and advancement of adult stem cell therapies.

Founded by Dr. Neil Riordan, our laboratory is an 11,000 sq. ft., ISO 9001-certified laboratory located in the prestigious City of Knowledge in Panama. Every aspect of its design reflects our commitment to the highest standards of quality and innovation in regenerative medicine.

www.medistempanama.com

These facilities are the core of what makes us the world's leading adult stem cell therapy and research center.



Whether your goal is to address age-related changes, support immune balance, or enhance overall well-being, our Wellness & Longevity protocols are designed to help you on your journey toward greater vitality.



OUR WELLNESS & LONGEVITY TREATMENTS

Discover which treatment is right for you.

Golden Cell Treatments

- Stem Cell Institute Golden Cells (Intravenous Injections)
- MTF* / Exosomes Intramuscular injections (IM)
- MTF* / Intranasal Treatments (INA)
- Cosmetic & Sexual Wellness Treatments
- Hormone Blood Panel
- Epigenetic Blood Panel
- Medical Consultation
- Hormone/ Epigenetic Panel Readout Consultation
- INBody Evaluation
- DEXA Evaluation
- Intravenous Hydration
- Vitamin C Boost (Intravenous)
- Glutathione Boost (Intravenous)
- NAD + Injection
- Resting Metabolic Rate Test
- VO2 Max Evaluation
- Red Light Therapy
- Soft Wave Therapy
- Compression Boots Therapy

Wellness

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Wellness Advanced

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* Mesenchymal Trophic Factors

- ✓ Included
- Not Included

Wellness

Foundational regenerative therapies to restore balance, enhance energy, recovery, and overall wellbeing.

Treatment includes:

- Intravenous Injections of Stem Cell Institute Golden Cells™
- 2 MTF Exosomes Intramuscular Injections (IM)
- MTF Intranasal Treatment (INA)
- Hormone Blood Panel
- Medical Consultation
- INBody Evaluation
- Intravenous Hydration
- Vitamin C Boost (Intravenous)
- Glutathione Boost (Intravenous)
- Resting Metabolic Rate Test
- Red Light Therapy
- Soft Wave Therapy



Treatment includes:

- 5-night luxury Hotel stay
- Daily breakfast included
- High-speed Wi-Fi
- VIP Airport Concierge Service
- Dedicated Patient Host during visit

Wellness Advanced

Comprehensive selection of regenerative therapies. It is ideal for those seeking enhanced repair, greater functional performance, and deeper support for long-term vitality.

Includes everything in the Wellness Treatment, plus:

- 2 additional MTF / Exosomes Intramuscular Injections (IM) (total of 4)
- 2 Cosmetic & Sexual Wellness Treatments with Golden Cells™
- Epigenetic Blood Panel
- Hormone / Epigenetic Panel Readout Consultation
- DEXA Evaluation
- NAD+ Injection
- VO2 Max Evaluation
- Compression Boots Therapy



Treatment includes:

- 5-night luxury Hotel stay
- Daily breakfast included
- High-speed Wi-Fi
- VIP Airport Concierge Service
- Dedicated Patient Host during visit

Treatments



Medical Evaluation

Data-driven assessment, measures key health markers, hormones, immune activity, and inflammation.



Golden Cells™ (IV Administration)

Our proprietary mesenchymal stem cells, known as Golden Cells™, are prepared to the highest scientific standards and administered intravenously. They are at the core of each package, supporting repair, balance, and overall vitality.



MTF Therapy (Mesenchymal Trophic Factors from Golden Cells™)

Trophic factors derived from Golden Cells™. Signaling molecules—including exosomes and other key components. Read more about MTF Therapy here:

<https://www.cellmedicine.com/mesenchymal-trophic-factors/>



SoftWave Treatment Sessions

Acoustic waves to stimulate tissue regeneration, enhance blood flow, and support natural healing in targeted areas.



Resting Metabolic Rate Test

Measures how many calories your body burns at rest to maintain vital functions like breathing and circulation, offering insights into energy use and overall metabolic health.



VO2 Max Evaluation

Measures cardiovascular fitness and oxygen efficiency, providing insights into endurance, performance, and recovery capacity.

Treatments



Cosmetic & Sexual Wellness Treatments

Additional therapies designed to enhance both appearance and overall well-being. These include advanced facial and scalp treatments to improve skin elasticity and stimulate natural tissue regeneration. In addition, we provide sexual wellness treatments aimed at improving vitality, confidence, and quality of life.



Red Light Therapy (Photobiomodulation)

Applies medical-grade red light to skin and muscle, stimulating tissue repair, reducing inflammation, and enhancing recovery.



InBody Evaluation

Provides a detailed assessment of body composition, including muscle mass, body fat, and hydration levels, to support personalized wellness and longevity strategies.



DEXA Evaluation Bone Density

Scan to measure bone health, strength, and density, helping guide preventive and restorative care.



IV Hydration

Replenishes essential fluids and electrolytes to restore balance, improve energy, and support recovery.



Vitamin C Boost (IV)

Strengthen immune function, reduce oxidative stress, and promote tissue health.

Treatments



Glutathione Boost (IV)

Antioxidants help combat oxidative damage, support detoxification, and promote cellular health.



NAD⁺ Injection

This treatment supports energy production, oxidation-reduction reactions, regulation of cellular activity and DNA repair.



Compression Boots

Dynamic air pressure to reduce muscle soreness, improve circulation, and speed recovery after activity.



Patient *Experiences*



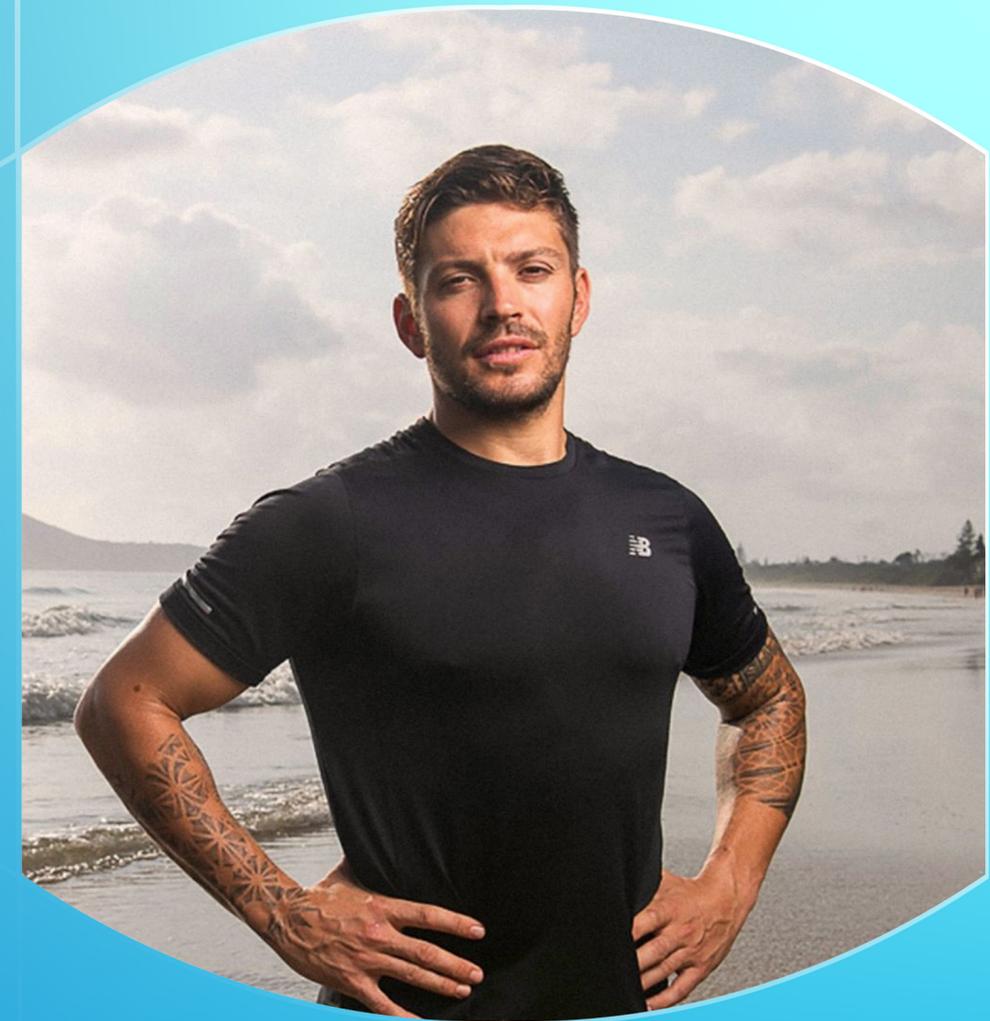
Dash

*Patient at
Stem Cell Institute
Panama*

“ It is pure organic rejuvenation. And that’s the most amazing part of it all, is that you’re literally helping your body heal itself naturally and getting that youth, that vitality, and the bonus, anti-aging, out of the stem cells.”

“ Whenever I was doing high threshold stuff like with cardio, my heart would beat hard... Maybe a month after the treatment, it was all gone.”

[Watch the Video](#)



Luke Zocchi
Celebrity Trainer

Here's How It Works



Personalized Medical Evaluation

We assess your unique health needs and goals.

Tailored Treatments

Your care plan is built around cutting-edge regenerative medicine.

Cellular Repair

Our **Golden Cells™** and therapies work to boost your body's natural healing, resilience, and vitality.

Concierge-Style Service

Every Step of the Way - Your Journey Made Easy

From the moment you land in Panama, our team makes sure every detail is handled. Your focus stays on healing — we take care of the rest.

Seamless Arrival

Airport transfers, a personal host, and bilingual support — all arranged for a stress-free start.

Luxury Lodging

Partner hotels offer 5-star comfort, privacy, and easy access during your stay.

The Panama Experience

A safe, welcoming city with vibrant culture, cuisine, and excursions for patients and families.

Our Center

Overlooking the Gulf of Panama, our new wellness and longevity center combines modern regenerative medicine with serene surroundings that encourage renewal.



Panama

A vital part of your journey



After your day of care at Stem Cell's Institute Center for Wellness & Longevity, evenings in Panama City invite you to enjoy life to the fullest. The city is known for its vibrant blend of modern sophistication and historic charm, offering world-class restaurants, lively nightlife, and breathtaking views of the Pacific Ocean.

Whether you're strolling along the waterfront, exploring the cobblestone streets of Casco Viejo, or dining in one of Latin America's top-rated culinary destinations, Panama City provides the perfect balance of relaxation, culture, and discovery—making your wellness journey as enriching outside the center as it is within.



*Your future health begins
with one decision.*



*Start your personalized
wellness experience today.*



*Your wellness journey
starts here*

**Book your personalized
experience today.**

Book your consultation
1-954-358-3382



[Wellness Page](#)

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